



# The STRIDER

A Weekly Summary of the Colorado Springs Striders Track Club  
June 15, 2015

## TURPIN CAPTURES DOUBLE VICTORIES, PERSCHKE WINS 800 AT LANDSHARKS OPEN



Fiona Perschke powers down the final stretch to take the 15-16 Girl's Division 800 meter race at the Landsharks Track Open.

The Striders competed in their second meet of the season at the Landsharks Track Club Open, held at Lewis-Palmer High School in Monument. The Striders produced some fine performances led by 9-10 girl's division, Hannah Turpin. Hannah captured the long jump with a meet record effort of 12' 7 <sup>3</sup>/<sub>4</sub>". Hannah had set a new club record in the long jump last week with a jump of 12' 9 <sup>1</sup>/<sub>2</sub>". She later won the high jump with a club record leap of 3' 9 <sup>1</sup>/<sub>4</sub>" in her first ever high jump competition. She also took second in the 200 meters in a time of 32.04.

Fiona Perschke won the 15-16 girl's division 800 meters in a time of 2:33.94. Claudia Valenzuela placed second in the 15-16 girl's division 100 meters in 12.65. She also placed fifth in the 200 meters in a time of 26.46.

9-10 girl's division performer, Selena DeJesus had a second place finish in her first ever shot put competition with a throw of 11'4". Her teammate, Lilah Johnson also competing in her first ever high jump and shot put placed second with a height of 2' 9 <sup>1</sup>/<sub>2</sub>". She later threw the shot 7'5" for third. Ayshiyon Woods finished third in the 11-12 girl's division long jump with a leap of 12'10 <sup>3</sup>/<sub>4</sub>". Aujanae Latimer was a fifth place finisher in the 13-14 girl's division long jump with an effort of 13' 7 <sup>3</sup>/<sub>4</sub>".

In the boy's divisions, 9-10 year old performers, Joseph Bjegovich and Solomon Latimer led the way. Joseph placed second in the shot put with a heave of 20'6" while Solomon finished third with a throw of 20'1". Earlier Solomon finished second in his first ever high jump competition in a new club record of 3' 11 <sup>1</sup>/<sub>4</sub>". Joseph was third with a height of 3'7 <sup>1</sup>/<sub>4</sub>" in his first high jump competition. Joseph Clark finished fourth in the shot put and high jump with respective efforts of 12' 3 <sup>1</sup>/<sub>4</sub>" and 2' 9 <sup>1</sup>/<sub>2</sub>". Vincent Smith finished fourth in the 13-14 boy's division 800 meters with a time of 2:33.80. Elijah Johnson was fifth in the 8 & under long jump with a jump of 5'3".



Vincent Smith pushes hard down the final stretch to capture fourth place in the 13-14 boy's 800 meters at the Landsharks Track Club Open.

## RESULTS GIRLS

### 100M

8 & Under		Briel Smith	18.84
		Sara Castro	19.70
9-10		Adaleeyah Latimer	19.44
13-14		Sage Sheppard	14.25
		Allia Pendergast	14.37
		Kayli Cooper	14.80
15-16	2 <sup>nd</sup>	Claudia Valenzuela	12.65

### 200M

9-10	2 <sup>nd</sup>	Hannah Turpin	32.04
		Selena DeJesus	40.26
		Lilah Johnson	48.54
13-14		Aujanae Latimer	29.34
		Sage Sheppard	29.94
		Kayli Cooper	30.64

15-16	5 <sup>th</sup>	Claudia Valenzuela	26.46
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### 800M

9-10		Alyssa Ferguson	3:18.27
15-16	1 <sup>st</sup>	Fiona Perschke	2:33.80

### Long Jump

9-10	1 <sup>st</sup>	Hannah Turpin	12'7 3/4"
		Adaleeyah Latimer	6'6 1/2"
11-12	3 <sup>rd</sup>	Ayshiyon Woods	12'10 3/4"
13-14	5 <sup>th</sup>	Aujanae Latimer	13'7 3/4"

### Shot Put

9-10	2 <sup>nd</sup>	Selena DeJesus	11'4"
	3 <sup>rd</sup>	Lilah Johnson	7'5"

### High Jump

9-10	1 <sup>st</sup>	Hannah Turpin	3'9 1/4"
	2 <sup>nd</sup>	Lilah Johnson	2'9 1/2"



Claudia Valenzuela finishing up the 15-16 girl's 200 meters

## BOYS

### 100M

8-Under		Elijah Johnson	25.99
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### 400M

		Solomon Latimer	1:15.93
		Joseph Bjugovich	1:27.67
		Joseph Clark	1:33.80

### 800M

11-12		Malcolm Clark-Muth	3:09.04
13-14	4 <sup>th</sup>	Vincent Smith	2:33.80

### High Jump

9-10	2 <sup>nd</sup>	Solomon Latimer	3'11 1/4"
	3 <sup>rd</sup>	Joseph Bjugovich	3'7 1/4"
	4 <sup>th</sup>	Joseph Clark	2'9 1/2"

### Shot Put

9-10	2 <sup>nd</sup>	Joseph Bjugovich	20'6"
	3 <sup>rd</sup>	Solomon Latimer	20'1"
	6 <sup>th</sup>	Joseph Clark	12'3 1/4"





Allia Pendergast heading to the finish in the 13-14 girl's 100M



Kayli Cooper down the stretch in 13-14 girls 100 meters



Middle distance runners (from l-r) Malcolm Clark-Muth, Alyssa Ferguson, Vincent Smith and Fiona Perschke warming up for the upcoming 800 meter race.



Sage Sheppard pulls away from the competition in the 13-14 girls 100 meter heats.

# UPCOMING WEEK COMPETITION

**FRIDAY, JUNE 19, 2015**

**COLORADO STATE  
JUNIOR OLYMPIC  
MULTI-EVENTS**

**AT**

**LEWIS-PALMER HIGH  
SCHOOL-MONUMENT  
10:00AM**

**The Striders will have 2 boys and  
3 girls competing in the 9-10  
division triathlon**

**Registration deadline Wednesday,  
June 17<sup>th</sup> at 6pm MST**

**LEGACY STADIUM  
CHEROKEE TRAILS  
HIGH SCHOOL  
AURORA, COLORADO**

**June 20-8:00 Running  
Events/ 8:30AM Field  
Events**

**June 21-7:30AM  
Running Events**  
(Finals in 100M,200MM, 100  
Hurdles,400,1500)

**Registration Deadline June 18<sup>th</sup> 8pm MST**

**SATURDAY-SUNDAY  
JUNE 20-21 2015**

**COLORADO STATE  
JUNIOR OLYMPIC  
CHAMPIONSHIPS**