



Colorado Springs Striders Outdoor Records

As of: 8/1/2018

8 years and under)

50m	Lindsey Crawford	7.74	1996
100m	Lindsey Crawford	16.11	1996
200m	Natalia Moya	35.29	2018
400m	Lauren Bedola	1:20.65	1996
800m			
1500m			
400m Relay			
1600m Relay			
1500m Race Walk	Jolyn Pasko	12:45.46	1998
Long Jump	Hannah Turpin	9' 11 1/2"	2012

9 - 10 years old

100m	Lindsey Crawford	14.30	1996
200m	Lindsey Crawford	30.24	1998
400m	Lauren Bedola	1:15.40	1998
800m	Alyssa Ferguson	2:54.22	2016
1500m	Alyssa Ferguson	5:58.56	2016
400m Relay	Kelly Coomes, Rachel Broerman Lauren Bedola, Lindsey Crawford	1:01.60	1998
1600m Relay	Jordyn Reece, Lauren Bedola Lindsey Crawford, Ashley Crawford	5:48.94	1997
1500m Race Walk	Jolyn Pasko	9:35.05	2000
Long Jump	Hannah Turpin	13' 2 1/2"	2015
High Jump	Hannah Turpin	3' 9 1/4"	2015
Shot Put	Hannah Turpin	16' 3 1/4"	2015
Triathlon	Hannah Turpin	866 points	2015

11 - 12 years old

100m	Lindsey Crawford	13.52	2000
200m	Cydnee Taylor	28.28	2018
400m	Ashlyn Ventimiglia	1:07.37	2012
800m	Alyssa Ferguson	2:41.39	2018
1500m	Alyssa Ferguson	5:42.96	2018
3000m	Elizabeth Pasko	12:34.00	1999
80m Hurdles	Amanda Harvey	16.35	1997
400m Relay	Tavia Van Fleet, Lauren Bedola Rachel Broerman, Lindsey Crawford	58.02	2000
1600m Relay	Lindsey Crawford, Lauren Bedola Tavia Van Fleet, Rachel Broerman	4:43.53	2000
1500m Race Walk	Elizabeth Pasko	8:04.56	2000
3000m Race Walk			
Long Jump	Nylah Rigdon	15' 1 1/4"	2017
High Jump	Laurisa Canini	4' 3"	2002
Shot Put	Ashley Crawford	27' 1/2"	1998
Discus	Ashley Crawford	73' 11"	1999
Pentathlon	Sarah Broerman	1454	1998
Javelin	Gabriella Beauperthuy	62' 3"	2016



Colorado Springs Striders Outdoor Records

As of: 8/1/2018

13 - 14 years old

100m	Jahzara Davis	12.84	2017
100m Hurdles	Jahzara Davis	14.87	2017
200m	Aujanae Latimer	27.02	2016
200m Hurdles	Jahzara Davis	29.16	2017
400m	Aujanae Latimer	1:02.91	2016
800m	Jordan Haag	2:30.11	2001
1500m	Hillory Davis	5:28.16	2002
3000m	Hillory Davis	11:53.32	2002
400m Relay	Lauren Carter, Virginia Woodfork Domonique Bingham, Lindsey Crawford	51.49	2001
1600m Relay	Chanell Nichols, Virginia Woodfork Jordan Haag, Domonique Bingham	4:20.67	2001
3200m Relay			
1500m Race Walk	Wendy Carver	8:30.43	1996
3000m Race Walk	Wendy Carver	17:59.39	2002
Long Jump	Jahzara Davis	17'2"	2017
Triple Jump	Myla Wolf	30'9 1/4"	2018
High Jump	Kelly Coomes	5' 0"	2002
Shot Put	Naomi Nix	34' 7 3/4"	2012
Discus	Ashley Crawford	96' 1"	2001
Javelin	Gabriella Beauperthuy	75'5"	2017
Pole Vault	Alex Colvin	8' 10 1/4"	2004
Pentathlon	Kelly Coomes	2548	2002

15 - 16 years old

100m	Dayna McMillen	12.14	1996
100m Hurdles	Candice Lee	15.61	1996
200m	GinAsia Hamilton	24.38	2010
400m	GinAsia Hamilton	54.85	2010
400m Hurdles	Candice Lee	1:11.60	1996
800m	Chantae Steele	2:18.38	2017
1500m	Jennifer Harmel	5:02.27	2000
3000m	Sidney Harris	10:47.80	2008
400m Relay	Shannon Andrews, Keane Hayes Amber Canidy, Jeana Harbison	49.24	1997
1600m Relay	Shannon Andrews, Amber Canidy Keane Hayes, Jeana Harbison	4:13.44	1997
3200m Relay	Jennifer Harmel, Erin Marston Amanda Harvey, Amanda Glascoe	10:03.66	2000
1500m Race Walk	Wendy Carver	8:32.16	1997
3000m Race Walk	Wendy Carver	17:37.77	1998
Long Jump	Jahzara Davis	16' 6 1/2"	2018
Triple Jump	Amber Canidy	37' 6"	1997
High Jump	Erin Dude	5' 0"	1998
Shot Put	Mariah Walker	41' 06 1/4"	2012
2000M Steeplechase	Sydney Gaspar	8:36.08	2018
Javelin	Mariah Walker	77' 11"	2012
Hammer	Mariah Walker	91' 01 1/4"	2012
Discus	Mariah Walker	124'4 1/2"	2012
Pole Vault	Kate Colvin	11' 0"	2003



Colorado Springs Striders Outdoor Records

As of: 8/1/2018

17 - 18 years old

100m	Dayna McMillen	11.83	1998
100m Hurdles	Jennie Wonder	14.96	1996
200m	Dayna McMillen	24.73	1997
400m	Katazha McCormick	56.18	2004
400m Hurdles	Jennie Wonder	1:01.94	1996
800m	Allie Abdouch	2:15.47	2006
1500m	Samantha Thompson	4:41.84	2008
3000m	Tina Gray	11:05.41	2000
400m Relay	Jennie Wonder, Nichole Oates	47.33	1997
	Elise Estes, Dayna McMillen		
1600m Relay	Jennie Wonder, Jessica Kuzma	3:55.20	1996
	Nichole Oates, Sha-nquea Gonzales		
3200m Relay			
1500m Race Walk	Wendy Carver	8:30.43	1996
3000m Race Walk	Wendy Carver	17:59.39	2002
2000m Steeplechase	Tina Gray	8:07.24	2000
Long Jump	Lexie Spiranac	18' 2 1/2"	2007
Triple Jump	Amber Canidy	38' 8"	1998
High Jump	Lexie Spiranac	5' 7"	2007
Shot Put	Glenda Mills	34' 11"	1996
Discus	Katie Bungler	101' 2"	2004
Javelin	Brittany Edmonds	123' 0"	1998
Pole Vault	Kellie DiVesta, Ellie Rudy	12' 0"	2004
	Kelly Ehardt		2007
Heptathlon	Lexie Spiranac	4474	2007

19-25 years old

100m	Damita Morgan	12.74	1998
200M	Damita Morgan	27.93	1998